



## SHOPPING LIST

NICE N' EASY | BUTTER CHICKEN | SAMBALS

- Nice'nEasy Indian Butter Chicken-Curry

### Sambal 1: Tomato and onion

- 1 x large tomato, deseeded and diced
- ¼ x onion
- Bunch of fresh coriander (about 2 tbsp. once diced)
- Fresh chillies (**about 2, but dependant on how hot you like**)
- A drop of white vinegar
- salt and pepper to taste (**not course, must be fine**)

### Sambal 2: Banana, Yoghurt and Coconut

- 1 x large banana, sliced
- 1 x tbsp. lemon juice (**juice of half a small lemon**)
- 1 x tbsp. desiccated coconut
- ½ x cup small Greek style yoghurt
- Fine salt to taste